

HAPPINESS COUNTER

The Secret Society of Happy People identified **31 Types of Happiness** to help you identify more of the happy moments that are already part of your day.

AMUSED	<input type="checkbox"/>	JOYFUL	<input type="checkbox"/>
ANTICIPATION	<input type="checkbox"/>	KINDNESS	<input type="checkbox"/>
AWESTRUCK	<input type="checkbox"/>	LIVELY	<input type="checkbox"/>
BALANCED	<input type="checkbox"/>	LOVE	<input type="checkbox"/>
BLESSED	<input type="checkbox"/>	MELLOW	<input type="checkbox"/>
CELEBRATE	<input type="checkbox"/>	MOTIVATED	<input type="checkbox"/>
CHEERFUL	<input type="checkbox"/>	NOSTALGIC	<input type="checkbox"/>
CONFIDENT	<input type="checkbox"/>	OPTIMISTIC	<input type="checkbox"/>
CONTENT	<input type="checkbox"/>	PEACEFUL	<input type="checkbox"/>
ENTHUSIASM	<input type="checkbox"/>	PLAYFUL	<input type="checkbox"/>
GIVING	<input type="checkbox"/>	RELIEVED	<input type="checkbox"/>
HELPFUL	<input type="checkbox"/>	SATISFACTION	<input type="checkbox"/>
HONORABLE	<input type="checkbox"/>	SOCIAL	<input type="checkbox"/>
HOPEFUL	<input type="checkbox"/>	SPIRITUAL	<input type="checkbox"/>
HUMOR	<input type="checkbox"/>	THANKFUL	<input type="checkbox"/>
INSPIRED	<input type="checkbox"/>		

TOTAL HAPPY MOMENTS: _____



Want to know more about the 31 Types of Happiness?
Check out the
Secret Society of Happy People's **31 Types of Happiness Guide**

www.sohp.com

